

## PEANUT / TREE NUT FREE SNACKS AND CANDY GUIDE Updated March 2010

This list is meant to provide a guideline when purchasing snacks. Allergen safe lists quickly become outdated as product lines change, and currently there is no legislation to ensure that manufacturers place factual labeling statements about a product's manufacturing environment.

Avoid products whose labels read:

- Manufactured/processed in a facility that contains peanuts / nuts
- may contain traces of peanuts / nuts
- made on shared equipment

We ask that you carefully check the ingredient label on the package each time.

<b>PEANUT / TREE NUT FREE SNACKS AND CANDY LIST</b>	
BRAND	PRODUCT
Fruits and Vegetables	Any fresh fruit (apples, oranges, bananas, grapes, pears, plums, clementines, strawberries, melons, berries, etc.) Any fresh veggies (baby carrots, celery sticks, grapes, cherry tomatoes, cucumber slices, broccoli, pepper strips, etc.) apple sauce cups, DelMonte, Dole, or Motts individual fruit cups, cans, or bowls, SunMaid raisins, Ocean Spray Crasins
Cheese	Any kind, including Swiss cheese, String cheese, Cheese sticks, cubes, shapes
Yogurt	Go-Gurt, Dannon Danimals, Stonnyfield Farm Yo Kids, YoPlait, Brown Cow
Annie's Homegrown	Cheddar Bunnies, Bunny Grahams, Bunny Fruit Snacks
Nabisco	Teddy Grahams Premium Saltines Honey Maid Honey Graham Crackers (cinnamon, chocolate, and original) Oreo's and Mini Oreo's Cookies (original only, <b>Oreo Cakesters are NOT safe</b> ) Fig Newton Cookies Barnum's Animal Crackers Nilla Wafers Triscuits, Wheat Thins Fruit Snacks, Jello Fruit Snacks Cheeze-Nips (Original or white cheddar) Ritz crackers (Original size only, NOT Ritz bitz) Chips Ahoy (original flavor and size only)
Pepperidge Farm	Goldfish (cheddar, pretzel, pizza, original)
Kellogg's	Rice Krispies Treats (Original Only) Fruit Snacks and Fruit Twistables Pop Tarts Nutri Grain Bars (blueberry, raspberry, blueberry, strawberry) Disney Fruit Snacks
Betty Crocker	Fruit roll-ups fruit snacks Fruit by the Foot Fruit Snacks Fruit Gushers
Frito Lay	White Corn Chips, Fritos Corn Chips, Cheetos, Doritos (any flavor) Classic Potato Chips, Wavy and Ruffles Lay's Original Potato Chips
Hershey's	Twizzlers, Classic Caramels
★ Tootsie Roll	Tootsie Rolls, Tootsie Pops, Tootsie Fruit Rolls, Sugar Daddy, Sugar Babies, Charms Blow Pops, Dots, Dubble Bubble *** <b>At this time, company is completely peanut, tree nut and nut product free.</b> ****
Mars, Inc.	Starburst Fruit Chews, or any other Starburst product, Skittles
Nestle	Sweet Tarts, Wonka Laffy Taffy, Wonka Nerds, Wonka Runts
Kraft	Lifesaver Gummies, Crème-savers soft candy, Caramels, Marshmallows Jello pudding /gelatin snacks, Mr. Salty Pretzels'n'Cheez
Keebler	Town House Crackers (plain) Graham Crackers (original, cinnamon and honey)

<b>PEANUT / TREE NUT FREE SNACKS AND CANDY LIST CONTINUED</b>	
Spangler Candy	Dum Dum Pops, Saf-T-Pops, Swirl Saf-T-Pops, Marshmallow Treats, Candy Canes, Cane Classics, and Dum Dum Canes ( <b>***Dum Dum gum and Dum Dum Chewy Pop are NOT safe***</b> )
Sunshine	Cheez-It Hi Ho Crackers
Rold Gold	Pretzel twists, sticks, tiny twists, rods, honey wheat braided twists ( <b>***Sandwiches are NOT safe***</b> )
General Mills	Cheerios ( <b>Original Only</b> ), Lucky Charms, Trix
Nature's Path	Toaster Pastries
Minutemaids	Frozen Fruit Juice Bars
Popscicle	Fruit Flavor Popsicles, Scribblers, Life Saver Pops
Smarties	Smarties® and our entire line of products are free from most of the known allergens
Gimbals	Candy Facility is proud to be peanut and tree nut free
Wonka	Nerds, SweetTARTS, Laffy Taffy, Fun Dip

Companies highlighted in green are completely peanut-free at the time of this update.

**NOT** safe / contain peanuts

- Baked goods (made at home or store bakery)
- Candy corn
- Cheese crackers (Packaged in 6 pack packages, similar to peanut butter crackers)
- Cracker Jacks or Fiddle Faddle
- Donuts
- Generic brands of/= name brand foods on the safe snack list
- Hershey's assorted miniature candy bars
- Hostess products
- Jelly Belly brand jellybeans
- Keebler cookies
- Little Debbie products
- M&M Candy (ALL)
- M&Ms- plain or peanut
- Oreo Double Delight Chocolate, Peanut Butter Cookies, and Cakester
- Peanut butter/nuts/trail mix
- Ritz-bitz sandwich crackers
- Slice & Bake (Ready Made) Cookie Dough
- Snyder's Pretzels
- Stauffer's Brand Items (animal crackers, baked goods, etc)
- Toll House chocolate morsels, chocolate chunks, swirled chips
- Wal-Mart brand Gummy Bears and popsicles

**NOT** safe / possible cross-contamination

- Do not send any snacks or candy that contains peanut flour, peanut oil, or other nuts. This includes snacks with pecans, almonds, Brazil nuts, filberts, cashews, hazelnuts, macadamia nut, pine nuts, pistachios, and walnuts
- Mixed bags of candy may contain safe and unsafe candy and are subject to cross-contamination.
- Do not send items from bulk bins
- Do not use the same knife, spatula, cutting board used to make unsafe foods to cut fruit or veggies
- Most popcorn products contain traces of nuts or nut oils
- No hydrolyzed vegetable protein, arachis, mandelonas, or emulsifiers

***In addition, products without ingredient lists are unsafe***